

**AUGUST
10-14**

MITRE 1 WHIRLWIND CAFE

HOURS 7:30am – 1:30pm

Breakfast 7:30am-10:30am

Lunch 11:15am-1:30pm

Menu subject to change without notice

Before placing your order, please inform your server if a person in your party has a food allergy.

	M	T	W	TH	F
SOUP	Mushroom Barley \$3.25/\$4.25 v	Chicken Gumbo \$3.25/\$4.25	Blount Chicken Poblano \$4.95/\$5.95	Minestrone \$3.25/\$4.25 v	Blount NE Clam Chowder \$4.95/\$5.95
ENTRÉE	Harissa Honey Chicken Thighs cous cous salad sesame green beans \$8.50	Pan Seared Tilapia rice pilaf carrots \$8.95 v	BeWell Lemon Garlic Chicken (Cal 190) orzo pilaf fresh broccoli \$8.50 BeWell	So Good! Country Fried Steak whipped potatoes sweet corn \$8.75	So Good! BBQ Glazed Pork Loin corn casserole green beans \$8.50
PLANT FORWARD	Offered at MTO station today	Asian Pepper Tofu rice pilaf \$7.50 VG	BeWell Lemon Garlic Gardein Chik'N orzo pilaf \$7.50 BeWell v	Gardein 'Meatballs' whipped potatoes gravy \$7.50 v	Baked Cheese Manicotti green beans \$7.50 v
EXHIBITION	Join us tomorrow	Taco Salad available with crumbled chorizo tofu \$8.75 v	'New' Poke Bowl \$12.95	Outdoor Pizza Station Weather permitting	Enjoy your weekend
PANINI served with a side	Hot Pastrami and Swiss Melt \$9.25	Hot Pastrami and Swiss Melt \$9.25	Hot Pastrami and Swiss Melt \$9.25	Hot Pastrami and Swiss Melt \$9.25	Hot Pastrami and Swiss Melt \$9.25
GRILL served with a side	Hatch Chili Burger \$8.95	Reuben Quesadilla \$9.25	1/4 Pound All Beef Chili Cheese Dog \$8.75	Fried Catfish Sandwich \$8.95	Crispy Chicken Dip'N Biscuit \$8.95
MTO	BLT Chopped Salad grilled chicken gardein Chik' N & 'Carrot Bacon' option offered \$9.79 v	BLT Chopped Salad grilled chicken gardein Chik' N & 'Carrot Bacon' option offered \$9.79 v	BLT Chopped Salad grilled chicken gardein Chik' N & 'Carrot Bacon' option offered \$9.79 v	BLT Chopped Salad grilled chicken gardein Chik' N & 'Carrot Bacon' option offered \$9.79 v	See you next week

Featured Breakfast: Any Day of the Week: 2 Scrambled Eggs, Home Fries, Bacon

Tuesday: Buttermilk Blueberry Pancakes, Sausage Links

Wednesday: Texas Style French Toast, Sausage Links

VG vegan

made without glutens

v vegetarian

BeWell

Please call our Café Manager 703-983-1548 | Visit us online at: <https://mclean.corporate-dining.com/>