

SEPTEMBER  
15-19

# MITRE 1 WHIRLWIND CAFE

**HOURS 7:30am – 1:30pm**  
Menu subject to change without notice

Before placing your order, please inform your server if a person in your party has a food allergy.

	M	T	W	TH	F
SOUP	Blount Shrimp & Roasted Corn \$4.95/\$5.95	Chicken & Rice \$3.25/\$4.25	Loaded Baked Potato Soup \$4.95/\$5.95	Blount Lobster Bisque \$4.95/\$5.95	Blount NE Clam Chowder \$4.95/\$5.95
ENTRÉE	Three Cheese Lasagna. green beans garlic dusted breadstick \$8.50 ✓	Piri Piri Grilled Chicken Thighs yellow rice piri piri sauce lemon garlic asparagus \$8.50 ✓	So Good! BeWell roast pork loin cranberry & pear mustarda (Cal 515) couscous, spinach \$8.50 BeWell	Join us at the Hot Bar for today's features!	BeWell Swordfish Tips pineapple topping corn succotash rice \$9.25 BeWell
PLANT FORWARD ENTRÉE	Three Cheese Lasagna. green beans garlic dusted breadstick \$8.50 ✓	Piri Piri Roasted Vegetable and Halloumi Stacks yellow rice \$7.50 ✓	Spinach And Feta Strudel fruit salad \$7.50 ✓	Join us at the Hot Bar for today's features!	BeWell Apricot and Ginger Roast Tofu brown rice pilaf \$7.50 ✓
EXHIBITION	BeWell Warm Power Salad \$9.25 BeWell	Outdoor Individual Pizza Day (weather permitting) \$8.50	Hibachi Shrimp Fried Rice \$9.25	Gyro Bar side salad \$8.75	Taste of India: Chicken Tikka Masala \$8.75
DELI SPECIAL served with a side	Italian Roast Beef Sandwich Bousin, roasted red peppers & onion \$8.95	Italian Roast Beef Sandwich Boursin, roasted red peppers, caramelized onions \$8.95	Italian Roast Beef Sandwich Boursin, roasted red peppers, caramelized onions \$8.95	Italian Roast Beef Sandwich Boursin, roasted red peppers, caramelized onions \$8.95	Italian Roast Beef Sandwich Boursin, roasted red peppers, caramelized onions \$8.95
GRILL served with a side	Turkey Cheeseburger turkey bacon steak fries \$8.75	Fried Falafel Pita oregano fries \$8.75 ✓	Mushroom Swiss Angus Burger \$8.75	Baja Crispy Fish Tacos \$8.95	Fried Chicken Biscuit Sandwich waffle fries \$8.95
MTO	will return tomorrow	Mojito Chicken Salad Gardein "Chik'n" available \$9.79 ✓	Mojito Chicken Salad Gardein "Chik'n" available \$9.79 ✓	Mojito Chicken Salad Gardein "Chik'n" available \$9.79 ✓	Have a great weekend!

**Featured Breakfasts: Any Day of the Week** 2 Scrambled Eggs, Home Fries, Bacon  
**Tuesday** Blueberry Flapjacks, Sausage Links  
**Wednesday** Texas Style French Toast, Sausage Links

✓ VG vegan ✓ GF gluten free ✓ V vegetarian BeWell

Please call our Café Manager 703-983-1548 | Visit us online at: <https://mclean.corporate-dining.com/>