


















MAY
11-15

MITRE 1 WHIRLWIND CAFE

HOURS 7:30am – 1:30pm
Menu subject to change without notice.
When placing your order, please inform your server if a person in your party has a food allergy.

	M	T	W	TH	F
SOUP	Cream of Mushroom \$4.95/\$5.95 	Tomato Florentine \$3.25/\$4.25 	Blount Lobster Bisque \$4.95/\$5.95	Red Pepper and Gouda \$4.95/\$5.95 	Blount NE Clam Chowder \$4.95/\$5.95
ENTRÉE	BeWell Teriyaki Glazed Roast Pork Loin (Cal 128) rice noodle salad stir fried vegetables  \$8.50	Three Cheese Baked Ziti green beans breadstick  \$8.75	Piri Piri Grilled Chicken Thighs yellow rice lemon garlic broccoli \$8.50	BeWell Pecan Crusted Tilapia (Cal357) carrots confetti brown rice   \$8.95	Chicken Piccata orzo pilaf vegetable medley \$8.50
PLANT FORWARD ENTRÉE	Crispy Tofu chili glaze rice noodle  \$7.50	Three Cheese Baked Ziti green beans breadstick  \$8.75	Piri Piri Roasted Vegetable and Halloumi Stacks yellow rice  \$7.50	Breaded Tofu wine dijon mustard sauce, carrots   \$7.50	Gardein Chik'N Piccata orzo pilaf  \$7.50
EXHIBITION	will return tomorrow	Gyro Bar side salad \$8.75	Smokehouse BBQ Station pulled pork bbq two sides \$8.95	Mastering your Micros BeWell Chicken Egg Roll in a Bowl (Cal 200)  \$8.95	Individual Pizza Day \$8.75 (offered at pizza station)
PANINI served with a side	Cali Smoked Turkey Club Melt \$9.25	Cali Smoked Turkey Club Melt \$9.25	Cali Smoked Turkey Club Melt \$9.25	Cali Smoked Turkey Club Melt \$9.25	Cali Smoked Turkey Club Melt \$9.25
GRILL served with a side	Turkey Burger cheddar, turkey bacon \$8.95	Fried Fish Po Boy \$9.50	BBQ Portobello Cheesesteak  \$9.50	Korean Fried Chicken Sandwich \$8.95	Corned Beef Reuben \$9.25
MTO	"New" "Sweet Kale Chopped Salad edamame option available  \$9.79	"New" "Sweet Kale Chopped Salad edamame option available  \$9.79	"New" "Sweet Kale Chopped Salad edamame option available  \$9.79	"New" "Sweet Kale Chopped Salad edamame option available  \$9.79	see you next week

Featured Breakfasts: Any Day of the Week 2 Scrambled Eggs, Home Fries, Bacon
Tuesday Buttermilk Blueberry Pancakes, Sausage Links
Wednesday Texas Style French Toast, Sausage Links
Thursday -Celebrate Biscuit Day

 vegan  Made without gluten  vegetarian  BeWell

Please call our Café Manager 703-983-1548 | Visit us online at: <https://mclean.corporate-dining.com/>