

DECEMBER
1-5

MITRE 1 WHIRLWIND CAFE

HOURS 7:30am – 1:30pm
Menu subject to change without notice.

Before placing your order, please inform your server if a person in your party has a food allergy.

	M	T	W	TH	F
SOUP	Fiesta Beef \$3.25/\$4.25	Tomato Florentine \$3.25/\$4.25 v	Blount Chicken Poblano \$4.95/\$5.95	Broccoli & Cheddar \$4.95/\$5.95 v	Blount NE Clam Chowder \$4.95/\$5.95
ENTRÉE	BeWell Beef & Broccoli (Cal 470) brown rice \$9.25 b w	So Good! Apple Cider Braised chicken spaghetti squash \$8.25	Swedish Meatballs (Cal 376) egg noodle ,carrots \$8.25	BeWell Grilled Chicken Breast w Pineapple topping (Cal 198) coconut rice broccoli \$8.25 b w	BeWell Coconut Lime Tilapia wild rice , wilted spinach \$8.95 b w
PLANT FORWARD	salad bar alternative offered	Gardein Chik'N rosemary gravy spaghetti squash \$7.50 v	Plant Based Gardein Swedish Meatballs egg noodles \$7.50 v	offered at MTO station	salad bar alternative offered
DELI SPECIAL served with a side	Crispy Chicken Cutlet Melt \$8.75	Crispy Chicken Cutlet Melt \$8.75	Crispy Chicken Cutlet Melt \$8.75	Crispy Chicken Cutlet Melt \$8.75	Crispy Chicken Cutlet Melt \$8.75
GRILL served with a side	Greek Inspired Turkey Burger \$8.95	Grilled Bratwurst Sub \$8.95	Shrimp Po Boy-Sandwich \$8.95	Corned Beef Melt caramelized onions \$9.50	Bacon-Cheddar Angus Burger \$9.25
MTO SeoulTown join us tomorrow		BBQ Pork and Kale Bowl available with soy glazed shitake mushrooms \$10.79 v	BBQ Pork and Kale Bowl available with soy glazed shitake mushrooms \$10.79 v	BBQ Pork and Kale Bowl available with soy glazed shitake mushrooms 10.79 v	Have a nice weekend

Featured Breakfast
Any Day of the Week 2 Scrambled Eggs, Home Fries, Bacon
Tuesday: Buttermilk Blueberry Pancake Tart, Sausage Links
Wednesday Texas Style French Toast, Sausage Links

vg vegan g gluten free v vegetarian b bewell

Please call our Café Manager 703-983-1548 | Visit us online at: <https://mclean.corporate-dining.com/>